

DOLLAR ACADEMY

BREAKFAST MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Cereals	Frosties Coco pops Weetabix Shredded Wheat Rice Crispies Muesli	Frosties Coco pops Weetabix Shredded Wheat Rice Crispies Muesli	Frosties Coco pops Weetabix Shredded Wheat Rice Crispies Muesli	Frosties Coco pops Weetabix Shredded Wheat Rice Crispies Muesli	Frosties Cocopops Weetabix Shredded Wheat Rice Crispies Muesli	Frosties Cocopops Weetabix Shredded Wheat Rice Crispies Muesli	Frosties Cocopops Weetabix Shredded Wheat Rice Crispies Muesli
Hot Items	Bacon Scrambled egg Hash Browns Porridge	Grilled Sausages Boiled Eggs Grilled Mushrooms Porridge	Bacon Fried Egg Baked Beans Hash Browns Porridge	Cumberland Sausages Poached Egg Potato scones Porridge	sausages Scrambled Egg Baked Beans Porridge Scotch crumpets with syrup	Pork and leek Sausages Boiled Egg Baked Beans Porridge	Bacon Fried Egg Black Pudding Porridge
Cold Items	Selection of fresh sliced cold meats Farmhouse cheese platter Sliced Beef Tomato Sliced fresh fruit of the day	Selection of fresh sliced cold meats Farmhouse cheese platter Sliced Beef Tomato Sliced fresh fruit of the day	Selection of fresh sliced cold meats Farmhouse cheese platter Sliced Beef Tomato Sliced fresh fruit of the day	Selection of fresh sliced cold meats Farmhouse cheese platter Sliced Beef Tomato Sliced fresh fruit of the day	Selection of fresh sliced cold meats Farmhouse cheese platter Sliced Beef Tomato Sliced fresh fruit of the day	Selection of fresh sliced cold meats Farmhouse cheese platter Sliced Beef Tomato Sliced fresh fruit of the day	Selection of fresh sliced cold meats Farmhouse cheese platter Sliced Beef Tomato Sliced fresh fruit of the day
Hot Bread	Home baked croissants White and whole meal toast With a selection of preserves	Fresh baked bread White and wholemeal toast With a selection of preserves	Warm Pain au chocolate White and whole meal toast With a selection of preserves	Fresh baked bread White and wholemeal toast With a selection of preserves	Fresh baked bread White and wholemeal toast With a selection of preserves	Fresh baked bread White and wholemeal toast With a selection of preserves	Fresh baked bread White and wholemeal toast With a selection of preserves
Yoghurt and juice Bar	Natural Yoghurt Fruit compote Toasted oats Dried fruits Fruit juices	Natural Yoghurt Fruit compote Toasted oats Dried fruits Fruit juices	Natural Yoghurt Fruit compote Toasted oats Dried Mixed Fruit Fruit juices	Natural Yoghurt Fruit compote Toasted oats Dried Mixed Fruit Fruit juices	Natural Yoghurt Fruit compote Toasted oats Dried Mixed Fruit Fruit juices	Natural Yoghurt Fruit compote Toasted oats Dried Mixed Fruit Fruit juices	Natural Yoghurt Fruit Compote Toasted oats Dried Mixed Fruit Fruit juices

Week 2 LUNCH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup	Lentil soup 100	Butternut Squash 100	Cock a Leekie 100	Minestrone100	Scotch Broth 100		Chicken and Sweetcorn100
Classic Counter	Chicken leek and ham pie 50	Cottage pie with rosti topping 50	Hoki with herb and cheese batter 50	Chicken pasta bake 50	Battered Cod with Lemon and Tartar Sauce 80	Grab and go selection	Roast Leg of Lamb with Mint Sauce 40
Vegetarian	Roasted Med Vegetables and Mozzarella Strudel 30	Vegetarian Moussaka 30	Mushroom and Herb Risotto 30	Sweet and Sour Vegetables with Rice 30	Cheese and egg flan 30		Cheese and vegetable lattice slice 30
Pasta Bar	Cooked Pasta Sauce of the day Tomato and Sausage Sauce 40	Cooked Pasta Tomato, Smoked Bacon and Peppers Sauce of the day 40	Cooked Pasta Sauce of the day 40	Cooked Pasta Sauce of the day Tomato and Herb Sauce 40	Cooked Pasta Tomato and Meatballs Sauce of the day 40		Ariabatta Pasta Bake 20
Vegetables	Garden Peas 100	Sweetcorn with Diced Peppers 100	Broccoli 100	Roasted Rosemary Carrots100	Minted Peas 100		Roasted Root Vegetables 60
Carbohydrates	Mashed Potatoes 100	Rice 100	Roast Potatoes 100	New Potatoes 100	Chips100		Roasted Potatoes 50
Cold Dessert	Selection of fresh fruit 50	Selection of fresh fruit	Selection of fresh fruit	Selection of fresh fruit	Selection of fresh fruit		Selection of fresh fruit 50
Hot Dessert	Jam Roly Poly with Custard50	Citrus sponge and custard 50	Banana pancakes 50	Apple and blueberry crumble 50	Creamed Rice with Cherry Sauce 50		Apple Pie and Ice Cream 50

DAILY SALAD ITEMS	DAILY SALAD DRESSINGS	TOPPINGS
<p>Mixed Leaves Cucumber Tomatoes Potato salad Pasta salad Sliced Beetroot Grated Carrots Mixed Beans Egg mayo Proteins</p> <p>Sliced cold meats Cold fish dish</p>	<p>French Dressing Caesar Tomato herb Dressing Balsamic dressing Olive Oil</p>	<p>Crispy Nacho's Garlic Croutons Parmesan flakes Sunflower Seeds</p>

Week 2 Supper	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	Sunday
Traditional Counter	Breaded pork escalope	Meat Balls in a Tomato Sauce	Chicken casserole	Prawn stir fry chefs theatre	Lamb korma with pilau rice and nan	In house	Deep Fried Scampi with Tartar Sauce
Vegetarian	Vegetable Bolognese	Cheese and tomato Omelette	Cheese and red onion paninni	Creamy salmon and broccoli bake	Vegetable samosas with sauce and rice		Vegetable Enchiladas
Vegetables	Green Beans	Fresh minted peas	Vegetable Medley	Carrots with Herbs	Garden Peas		Peas and Sweetcorn
Carbohydrates	Saffron Rice	Mashed	New Potatoes	Saute	Oven baked wedges		Garlic Rice
Soup	As Lunch	As Lunch	As Lunch	As Lunch	As Lunch		As Lunch
Taste the world	<u>Italy</u> Beef chicken breast pizza	<u>Poland</u> Salmon cubic	<u>France</u> Herby Garlic Chicken	<u>America</u> Beef burger and relish	<u>Scotland</u> Haggis and Neeps		<u>mexico</u> Chimichangers With Cajun wedges
Dessert	Blueberry and yoghurt tart	Rhubarb crumble	Semolina and fresh fruit	Carrot cake	Sticky Toffee Muffin		Giant Yum Yum